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SOUTH CAROLINA

Resource Center Newsletter



Volume 7, Issue 4, April 2017

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Resource Center News: SC Mayor's Bike & Walk Summit

Register now! The South Carolina Mayor's Bike & Walk Summit will be held on May 4th and 5th at the IT-oLogy building in downtown Columbia. The SC Safe Routes to School Resource Center is collaborating with the City of Columbia, Palmetto Cycling Coalition, Palmetto Conservation Foundation, and the SC American Diabetes Association to present this two-day learning event focusing on pedestrian and bicycle-friendly strategies. The Summit will include topics such as Mayor's Roundtable, funding resources, pop-up infrastructure, and Safe Routes to School. Click [here](#) to see the tentative agenda. Join us to learn and network with others that are committed to creating safe and healthy environments for students and their communities! Check out the website for more information:
<http://scmayorsbikewalksummit.org/>.



Rodney Oldham, CHES, CPT

From our State Coordinator:

Earth Day, Saturday, April 22nd, offers another great opportunity to introduce your students to Safe Routes to School. By pairing SRTS efforts with an Earth Day event, you can present your students with another opportunity to help improve the environment **by walking and biking to school!** We encourage you to

Upcoming Event: National Bike to School Day

National Bike to School Day is set for **Wednesday, May 10th**! To register your school's event and find out who's riding, click [here](#).

The National Center for Safe Routes to School and Schwinn's **Helmets on Heads** program will be giving away 10 Schwinn Bicycles and 20 Schwinn helmets to 10 schools across the nation. Two drawings each week will take place starting on Wednesday, April 19th. Click [here](#) to learn more information about the giveaway and to register your event!

To get ready for National Bike to School Day, review some **Bicycle Safety Tips** with your [students](#) and send home suggestions for [parents](#), too. Is it too far or unsafe for bicycle riding to school? Contact local law enforcement to host a bicycle safety presentation for students during a safety assembly. [Bicycle rodeos](#) are another great activity to teach students bike safety skills. Check out some more ways to get [local law enforcement](#) involved with your Safe Routes to School (SRTS) program. Please contact your local [School Outreach Coordinator](#) for assistance with planning your National Bike to School Day activities.

Partner Highlight: SC Action Plan Assistance 2017 Schools

Three schools from across the state were chosen to receive free Action Plan Assistance. Schools chosen based upon its interest, its current work with SRTS and the current condition of its surroundings. The Action Plan (also known as "Travel Plans") will help to establish a long and short-term comprehensive SRTS Plan for the school and surrounding community. Action Plans will include recommendations, strategies and activities and will outline the 5 Es of

incorporate walking and biking activities into your Earth Day celebration - get creative and put your own spin on it! Here are some ideas to spark your own creativity:

- Plan another "Walk to School Day" during Earth Week, highlighting walking and biking as environmentally-friendly transportation methods. Customize our [Earth Walk Flyer](#) to start promoting your school's walk!
- Use Earth Day to launch an "[Anti-Idling](#)" campaign for parents, and encourage walking and biking as alternate methods of transportation that can reduce emissions around your school zones.
- Implement classroom activities on air quality and transportation choices. Students can even track their carbon footprint! Click [here](#) for environmentally-friendly lesson plans and classroom ideas.

Learning Opportunity: Safety Scavenger Hunt

While at the [SC Mayor's Bike & Walk Summit](#), be sure to

SRTS (Engineering, Evaluation, Education, Encouragement, and Enforcement). Congratulations to the following schools!

Oakdale Elementary, Rock Hill
Newberry Elementary, Newberry
Manning Junior High, Manning

For information regarding the Action Plan process, roles and responsibilities, please contact your [School Outreach Coordinator](#). You may also view other schools' [SRTS Action Plans](#) to get an idea of what the finished product looks like.

Grant Opportunity: Fuel Up to Play 60

Have you started making healthy changes to the school day with walking and biking programs? You should check out the Fuel up to play 60 grant [here](#). Funding opportunities are available to any qualified K-12 school enrolled in Fuel Up to Play 60. Sponsored by the National Dairy Council, state and regional Dairy Councils and other supporting organizations, the competitive, nationwide funding program provides money (up to \$4,000 per year, per school) to jumpstart healthy changes. Funds are used to help your school implement one Healthy Eating Play and one Physical Activity Play from the 2016-2017 edition of the Fuel Up to Play 60 Playbook. The deadline to apply is June 14, 2017.

Spotlight on a Friend: American Diabetes Association - Tour De Cure

The American Diabetes Association and Columbia's Bicycle and Pedestrian Advisory Committee have teamed up with the SC Safe Routes to School Resource Center to offer an interactive skills clinic on Saturday, May 20th, at the Robert Mills House from 10:30 a.m. to 11:30 a.m. There will be stations to get

check out the SC Safe Routes to School Resource Center's Safety Scavenger Hunt. Participants will take part in an interactive scavenger hunt around the neighborhood surrounding the IT-oLogy building to identify existing infrastructure that creates an enabling environment for walking and biking. This can serve as a preview of what the safety assessments we offer during the school year can look like. We will also discuss what improvements could be made based on participant observations and how all of this can be applied to improve the safety and physical activity opportunities of students in South Carolina. Click [here](#) to reserve your spot today!

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bikes checked, helmet fittings, as well as stations for riders to work on their bicycling skills. Starting at 11:30 a.m., join the Mayor of Columbia for a [bicycle ride](#) around historic Columbia. Register [here](#) for the event! Riders may also choose to participate in the optional fund-raising opportunity for the American Diabetes Association. Prizes and awards will be available to those that participate.



The SC Safe Routes to School Resource Center is a program of the South Carolina DOT